

Diabetes



Hosted by Teen Court

Taught by Mitu Patel

Eating healthy is an important part of treating diabetes.

If you are an adult who is overweight, has prediabetes, or a family history of diabetes this class is for you!

This is also a great opportunity to learn more about diabetes if you know someone with this chronic disease.



Class Details:

Date: Monday, April 28, 2025

Time: 6:00pm-7:15pm

Location: CCSO Headquarters Building

6915 Crain Highway La Plata, MD 20646

Limited seating is available, to register contact:

Sarah Vaughan, Teen Court Coordinator 301-609-3916 or vaughans@ccso.us

Teen Court Classes are provided for the enrichment and educational benefit of the youth in our community and are offered at no cost to participants. Any youth attending these classes must be accompanied by a parent or guardian.